

PRESS RELEASE: 27 August 2019

**THE CLOCK IS TICKING FOR 2019'S IKANO BANK ROBIN HOOD MARATHON EVENTS WEEKEND.
4 WEEKS TO GO – EXCITING ANNOUNCEMENTS!**

Are you ready to run Nottingham? We're four weeks away from the City's most-loved race weekends the organiser, Goldline Events, has some exciting announcements to make!

Now in its 39th year, the race weekend is a real celebration of running with Saturday's Mile Challenge and Sunday's half and mini marathons, attracting runners of all ages, abilities and fancy dress attire!

Just announced and open for entry today, will be the GoldLine Events #RunandTalk event. Extending the weekend's celebrations, the 1.5mile and 3mile free to attend, local community group runs will take place at 18.00 on Friday 27th September at the Victoria Embankment War Memorial. This event is in support of the #runandtalk campaign created by England Athletics, to improve mental wellbeing through running, break down the stigma attached to mental health and get people talking!

<https://groups.runtogether.co.uk/GoldlineEvents>

Also new for 2019, the half marathon start line will now be in the midst of all the action by the Race Village. A race designed by runners for runners, feedback from 2018 participants was overwhelmingly positive but the twisty inclines in The Park Estate at Mile 2 were far from a favourite. Acting on this, the race team have now confirmed that runners will start their race much closer to the Race Village and enjoy an easier downhill section into the Estate.

The 13.1 mile course takes in spectacular historic landmarks and iconic sights. Enjoy Wollaton Park with its herds of grazing deer, the stunning riverside setting of Victoria Embankment and hordes of spectators cheering along the route. It's the perfect day out for local families and visitors alike!

With 4 weeks to go, there's still time to sign up! Full route details and all the latest event news can be found at www.robinhoodhalfmarathon.co.uk

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Words: 304

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Quote for #runandtalk campaign news:

Run Group Leader, Laura Burke, says: "Mental wellbeing is an issue very close to our heart and as a team we have seen how running can make a huge impact on health and state of mind. We feel very lucky to support England Athletics, MIND and their #runandtalk campaign. If we can play just small part in getting people talking, we are one step closer to breaking down the stigma associated with mental wellbeing. Join us at Victoria Embankment for our free to attend, local community run groups, on Friday 27 September."

